# CS 190I Deep Learning Optimization Methods

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# **Optimization Problems**

### General form:

minimize  $f(\mathbf{x})$  subject to  $\mathbf{x} \in C$ 

- Loss function  $f: \mathbb{R}^n \to \mathbb{R}$
- Constraint

$$C = \{ \mathbf{x} \mid h_1(\mathbf{x}) = 0, ..., h_m(\mathbf{x}) = 0, g_1(\mathbf{x}) \le 0, ..., g_r(\mathbf{x}) \le 0 \}$$

– Unconstraint if  $C = \mathbb{R}^n$ 

# **Local Minima and Global Minima**

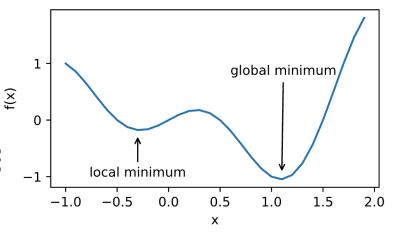
- Most optimization problems have no close form solution
- We then aim to find a minima through
   iterative methods

  x \* np.cos(np.pi \* x)
- Global minima x\*

$$f(\mathbf{x}^*) \le f(\mathbf{x}) \quad \forall \mathbf{x} \in C$$

Local minima x\*, there ε

$$f(\mathbf{x}^*) \le f(\mathbf{x}) \quad \forall \mathbf{x} : \|\mathbf{x} - \mathbf{x}^*\| \le \varepsilon$$



# **Gradient Descent**

- $\min_{\theta} \mathcal{E}(y, f(x, \theta))$
- Finding the parameter  $\theta$  to minimize the empirical risk over training data

$$D = \{(x_n, y_n)\}_{n=1}^{N}$$

$$\hat{\theta} \leftarrow \arg\min_{\theta} L(\theta) = \frac{1}{N} \sum_{n} \ell(y_n, f(x_n; \theta))$$

- Start from initial value
- Update rule:  $\theta_{t+1} = \theta_t \eta \nabla L(\theta_t)$

# Example: find square root of x

- Formulate the root finding problem as an optimization problem
- To find  $x=\sqrt{8}$ , let  $x^2=8$   $\min \mathcal{C}(x)=(x^2-8)^2$  start with x=3, use the learning rate  $\eta=0.01$

$$x_{t+1} = x_t - \eta \nabla L(x_t)$$

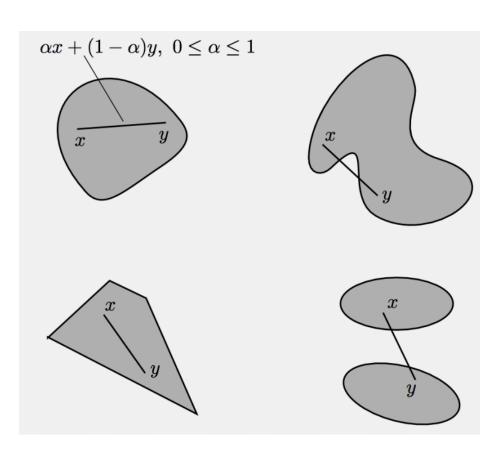
# Convergence of Gradient Descent

# **Convex Set**

• A subset C of  $\mathbb{R}^n$  is called convex if

$$\alpha \mathbf{x} + (1 - \alpha)\mathbf{y} \in C$$

$$\forall \alpha \in [0,1] \ \forall \mathbf{x}, \mathbf{y} \in C$$



# **Convex Function**

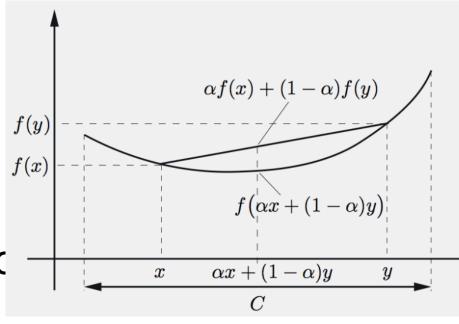
•  $f: C \to \mathbb{R}$  is called convex if

$$f(\alpha \mathbf{x} + (1 - \alpha)\mathbf{y})$$

$$\leq \alpha f(\mathbf{x}) + (1 - \alpha)f(\mathbf{y})$$

$$\forall \alpha \in [0,1] \ \forall \mathbf{x}, \mathbf{y} \in C$$

If the inequality is strict
 and x ≠ y



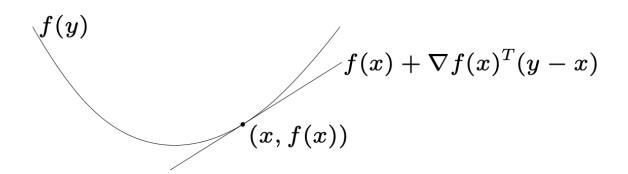
 $\alpha \in (0,1)$ , then f is called strictly convex

# First-order condition

f is convex if and only if

$$f(\mathbf{y}) \ge f(\mathbf{x}) + \nabla f(\mathbf{x})^T (\mathbf{y} - \mathbf{x}) \quad \forall \mathbf{x}, \mathbf{y} \in C$$

 If the inequality is strict, then f is strictly convex



# Second-order conditions

f is convex if and only if

$$\nabla^2 f(\mathbf{x}) \ge 0 \quad \forall \mathbf{x} \in C$$

f is strictly convex if and only if

$$\nabla^2 f(\mathbf{x}) > 0 \quad \forall \mathbf{x} \in C$$

# Convergence Rate

 Assume f is convex, and its gradient is Lipschitz continuous with constant L

$$\|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\| \le L\|\mathbf{x} - \mathbf{y}\|$$

• If use learning rate  $\eta \le 1/L$ , after T steps

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \le \frac{\|\mathbf{x}_0 - \mathbf{x}^*\|^2}{2\eta T}$$

- Convergence rate O(1/T)
- To get  $f(\mathbf{x}_T) f(\mathbf{x}^*) \le \epsilon$ , needs  $O(1/\epsilon)$  iterations

# **Proof**

Gradient L-Lipschitz means

$$f(\mathbf{y}) \le f(\mathbf{x}) + \nabla f(\mathbf{x})^T (\mathbf{y} - \mathbf{x}) + \frac{L}{2} ||\mathbf{y} - \mathbf{x}||^2$$

• Plug in  $y = x - \eta \nabla f(x)$ 

$$f(\mathbf{y}) \le f(\mathbf{x}) - \left(1 - \frac{L\eta}{2}\right) \eta \|\nabla f(\mathbf{x})\|^2$$

$$0 < \eta \le 1/L$$

Take

$$f(\mathbf{y}) \le f(\mathbf{x}) - \frac{\eta}{2} \|\nabla f(\mathbf{x})\|^2$$
 every time

# **Proof II**

- By the convexity:  $f(\mathbf{x}) \leq f(\mathbf{x}^*) + \nabla f(\mathbf{x})^T (\mathbf{x} \mathbf{x}^*)$
- Plug in to  $f(\mathbf{y}) \le f(\mathbf{x}) \frac{\eta}{2} \|\nabla f(\mathbf{x})\|^2$

$$f(\mathbf{y}) \leq f(\mathbf{x}^*) + \nabla f(\mathbf{x})^T (\mathbf{x} - \mathbf{x}^*) - \frac{\eta}{2} \|\nabla f(\mathbf{x})\|^2$$

$$f(\mathbf{y}) - f(\mathbf{x}^*) \leq \left(2\eta \nabla f(\mathbf{x})^T (\mathbf{x} - \mathbf{x}^*) - \eta^2 \|\nabla f(\mathbf{x})\|^2\right) / 2\eta$$

$$= \left(\|\mathbf{x} - \mathbf{x}^*\|^2 + 2\eta \nabla f(\mathbf{x})^T (\mathbf{x} - \mathbf{x}^*) - \eta^2 \|\nabla f(\mathbf{x})\|^2 - \|\mathbf{x} - \mathbf{x}^*\|^2\right) / 2\eta$$

$$= \left(\|\mathbf{x} - \mathbf{x}^*\|^2 - \|\mathbf{x} - \eta \nabla f(\mathbf{x}) - \mathbf{x}^*\|^2\right) / 2\eta$$

$$= \left(\|\mathbf{x} - \mathbf{x}^*\|^2 - \|\mathbf{y} - \mathbf{x}^*\|^2\right) / 2\eta$$

# **Proof III**

### Sum all T steps

$$\sum_{t=1}^{T} f(\mathbf{x}_{t}) - f(\mathbf{x}^{*}) \le \sum_{t=1}^{T} (\|\mathbf{x}_{t-1} - \mathbf{x}^{*}\|^{2} - \|\mathbf{x}_{t} - \mathbf{x}^{*}\|^{2}) / 2\eta$$

$$= (\|\mathbf{x}_{0} - \mathbf{x}^{*}\|^{2} - \|\mathbf{x}_{T} - \mathbf{x}^{*}\|^{2}) / 2\eta \le \|\mathbf{x}_{0} - \mathbf{x}^{*}\|^{2} / 2\eta$$

• *f* is decreasing every time:

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \le \frac{1}{T} \sum_{t=1}^{T} f(\mathbf{x}_t) - f(\mathbf{x}^*) \le \frac{\|\mathbf{x}_0 - \mathbf{x}^*\|^2}{2\eta T}$$

# **Apply to Deep Learning**

f is the sum of loss over all training data, x is the learnable parameters

$$f(\mathbf{x}) = \frac{1}{n} \sum_{i=0}^{n} \ell_i(\mathbf{x})$$
 \(\ell\_i(\mathbf{x})\) the loss for the *i*-th example

• *f* is often not convex, so the convergence analysis before cannot be applied

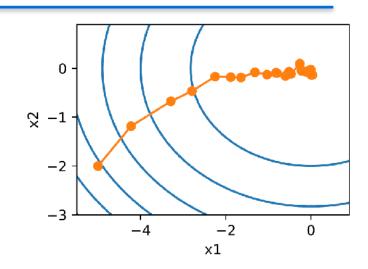
# Stochastic Gradient Descent

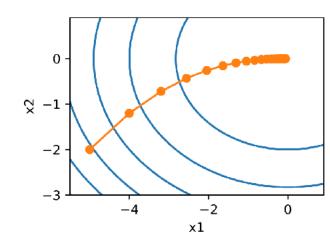
• Instead of compute the full gradient, at each step, randomly select a sample  $t_i$ 

$$\mathbf{x}_{t} = \mathbf{x}_{t-1} - \eta_{t} \nabla \mathcal{E}_{t_{i}}(\mathbf{x}_{t-1})$$

Compare to gradient descent

$$\mathbf{x}_{t} = \mathbf{x}_{t-1} - \eta \nabla f(\mathbf{x}_{t-1})$$
$$f(\mathbf{x}) = \frac{1}{n} \sum_{i=0}^{n} \mathcal{E}_{i}(\mathbf{x})$$





### Minibatch Stochastic Gradient Descent

 Instead of full gradient, evaluate and update on random minibatch of data samples B<sub>t</sub>

$$x_{t+1} = x_t - \frac{\eta}{|B_t|} \sum_{t_n \in B_t} \nabla \mathcal{C}_{t_n}(x_t)$$

# Stochastic Gradient Descents

### Benefits:

- Pre-step cost is smaller (and independent of sample size)
- only need to compute one/batch gradient at a time, smaller memory consumption
- Note stochastic gradient is unbiased estimate of the full gradient at each step

$$E[\nabla \mathscr{E}_{t_n}(\theta)] = \nabla \mathscr{E}(\theta)$$

# Learning rate

- SGD typically use diminishing step sizes, e.g.  $\eta_t = 1/t$
- Why not fixed learning rate?

# Convergence Rate

• Assume f is convex with a diminishing learning rate  $\eta_t = 1/t$ , e.g.

$$\mathbb{E}[f(\mathbf{x}_T)] - f(\mathbf{x}^*) = O(1/\sqrt{T})$$

Under the same assumption, for gradient descent

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) = O(1/\sqrt{T})$$

Assume gradient L-Lipschitz and fixed  $\eta$ 

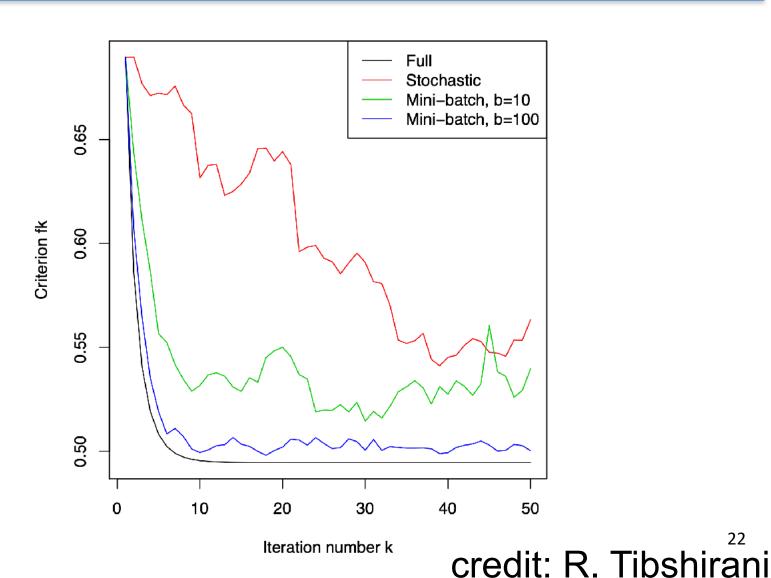
$$f(\mathbf{x}_T) - f(\mathbf{x}^*) = O(1/T)$$

But does not improve for SGD

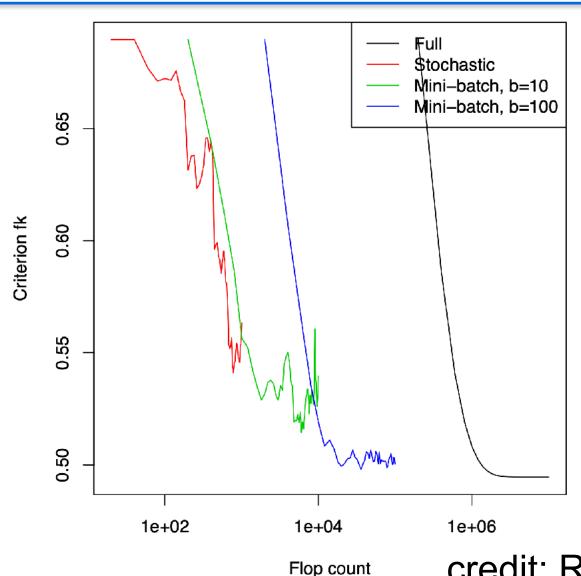
# In Practice

- Does not diminish the learning rate so dramatically
  - We don't care about optimizing to high accuracy
- Despite converging slower, SGD is way faster on computing the gradient than GD in each iteration
  - Specially for deep learning with complex models and large-scale datasets

# **Example: Logistic Regression**



# Convergence in terms of computation



23

credit: R. Tibshirani

# Summary

- SGD is effective in terms of per-iteration cost/memory
- but SGD is slow to converge for strongly convex functions
- New wave of "variance reduction" techniques show modified SGD can converge much faster for finite sums
  - e.g. SVRG

Plain gradient update

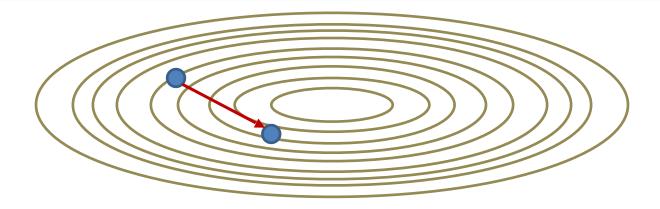




• The momentum method maintains a running average of all gradients until the *current* step

$$v_{t+1} = \beta v_t - \eta \nabla \mathcal{E}(x_t)$$
$$x_{t+1} = x_t + v_t$$

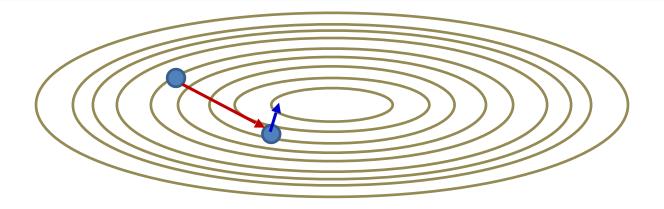
- Typical  $\beta$  value is 0.9
- The running average steps
  - Get longer in directions where gradient retains the same sign
  - Become shorter in directions where the sign keeps flipping



The momentum method

$$v_{t+1} = \beta v_t - \eta \, \nabla \mathcal{E}(x_t)$$

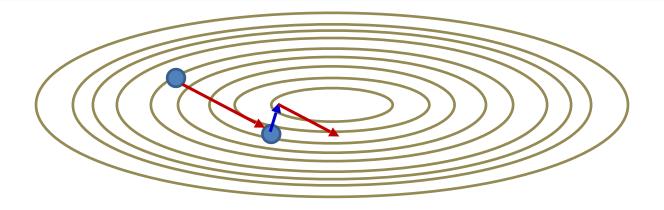
• At any iteration, to compute the current step:



The momentum method

$$v_{t+1} = \beta v_t - \eta \, \nabla \, \ell(x_t)$$

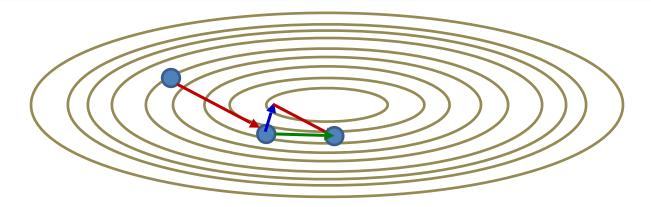
- At any iteration, to compute the current step:
  - First computes the gradient step at the current location



The momentum method

$$v_{t+1} = \beta v_t - \eta \nabla \mathcal{L}(x_t)$$
$$x_{t+1} = x_t + v_t$$

- At any iteration, to compute the current step:
  - First computes the gradient step at the current location
  - Then adds in the historical average step

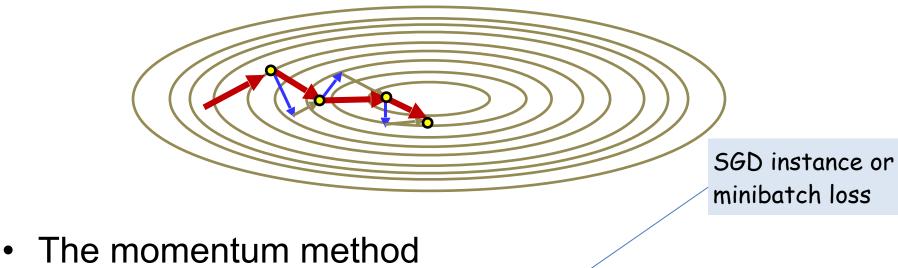


The momentum method

$$v_{t+1} = \beta v_t - \eta \nabla \mathcal{E}(x_t)$$
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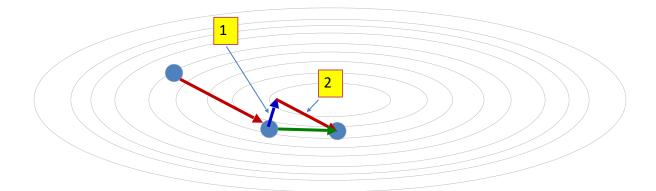
- At any iteration, to compute the current step:
  - First computes the gradient step at the current location
  - Then adds in the historical average step
    - which is a running average

# SGD with Momentum Updates

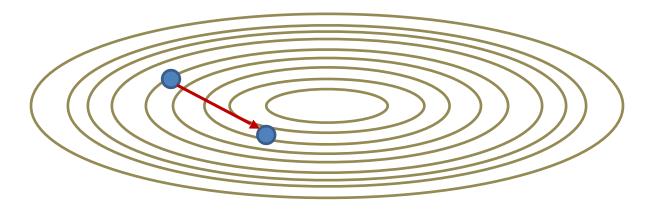


$$v_{t+1} = \beta v_t - \eta \, \nabla \mathcal{E}(x_t)$$

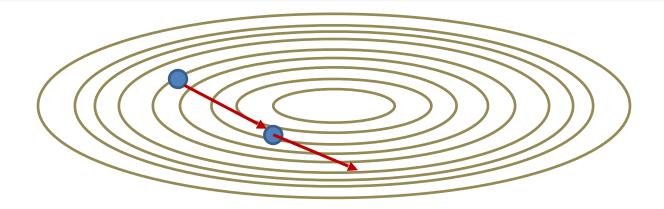
- Incremental SGD and mini-batch gradients tend to have high variance
- Momentum smooths out the variations
  - Smoother and faster convergence



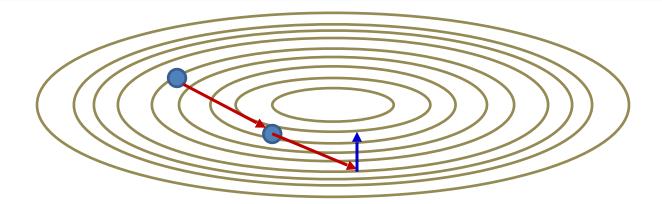
- Momentum update steps are actually computed in two stages
  - First: We take a step against the gradient at the current location
  - Second: Then we add a scaled version of the previous step
- The procedure can be made more optimal by reversing the order of operations..



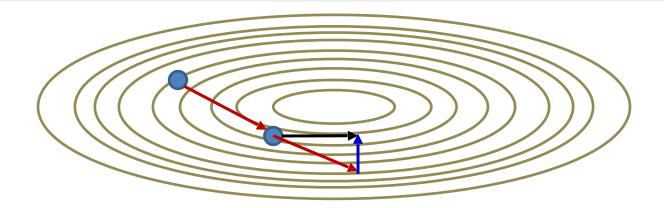
- Change the order of operations
- At any iteration, to compute the current step:



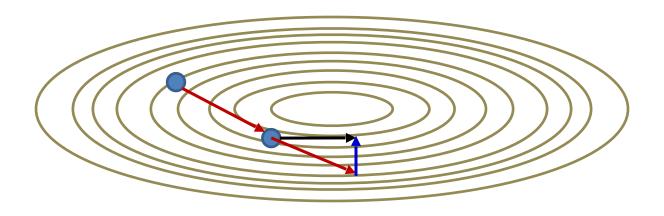
- Change the order of operations
- At any iteration, to compute the current step:
  - First extend the previous step



- Change the order of operations
- At any iteration, to compute the current step:
  - First extend the previous step
  - Then compute the gradient step at the resultant position



- Change the order of operations
- At any iteration, to compute the current step:
  - First extend the previous step
  - Then compute the gradient step at the resultant position
  - Add the two to obtain the final step

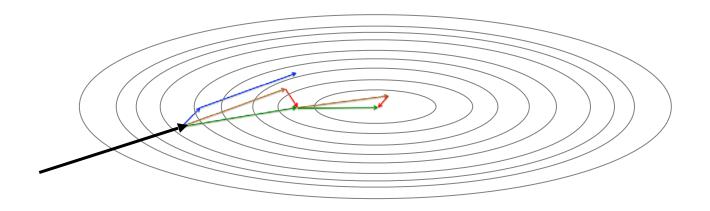


$$x'_{t+1} = x_t + \beta v_t$$

$$v_{t+1} = \beta v_t - \eta \nabla \mathcal{L}(x'_{t+1})$$

$$x_{t+1} = x_t + v_t$$

#### Nestorov's Accelerated Gradient



- Comparison with momentum (example from Hinton)
- Converges much faster

### **Adaptive Gradient Methods**

- Momentum and Nestorov's method improve convergence by normalizing the *mean* of the derivatives
- More recent methods take this one step further by also considering their variance
  - RMS Prop
  - Adagrad
  - AdaDelta
  - ADAM: very popular in practice

**–** ...

### **Smoothing the trajectory**



- Observation: Steps in "oscillatory" directions show large total movement
  - In the example, total motion in the vertical direction is much greater than in the horizontal direction
  - Can happen even when momentum or Nesterov are used
- Improvement: Dampen step size in directions with high motion
  - Second order moments

#### Normalizing steps by second moment



- Modify usual gradient-based update:
  - Scale updates in every component in inverse proportion to the total movement of that component in recent past
    - According to their variation (not just their average)
- This will change the relative update sizes for the individual components
  - In the above example it would scale down Y component
  - And scale up X component (in comparison)
- We will see two popular methods that embody this principle... 40

### **Adaptive Gradient**

#### Notation:

- Updates are by parameter
- Derivative of loss w.r.t any individual parameter x is shown as g
  - Batch or minibatch loss, or individual divergence for batch/minibatch/ SGD
- The *squared* derivative is  $g^2 = (\nabla \mathcal{E}(x))^2$ 
  - Short-hand notation represents the squared derivative, not the second derivative
- The *mean squared* derivative is a running estimate of the average squared derivative. We will show this as  $E[g^2]$
- Modified update rule: We want to
  - scale down updates with large mean squared derivatives
  - scale up updates with small mean squared derivatives

#### **AdaGrad**

 AdaGrad (Duchi, Hazan, and Singer 2010) very popular adaptive method.

$$G_{t+1} = G_t + \nabla \ell(x_t)^2$$

$$x_{t+1} = x_t - \eta \frac{1}{\sqrt{G_{t+1} + \epsilon}} \nabla \ell(x_t)$$

Element-wise computation

#### **AdaGrad**

 AdaGrad (Duchi, Hazan, and Singer 2010) very popular adaptive method.

$$G_{t+1} = G_t + \nabla \mathcal{C}(x_t)^2$$
 element-wise 
$$x_{t+1} = x_t - \eta \frac{1}{\sqrt{G_{t+1} + \epsilon}} \nabla \mathcal{C}(x_t)$$

- Benefits:
  - AdaGrad does not require tuning learning rate  $\eta$
  - Actual learning rate will decrease
  - Can drastically improve over SGD

#### Quiz

 https://edstem.org/us/courses/31035/ lessons/55021/slides/311552

### **RMSProp**

- Similar to AdaGrad, accumulate the squared gradients, but with running average
  - Adagrad denominator monotonically increase ==> diminishing updates for parameters
  - why not decay the denominator

$$G_{t+1} = \beta G_t + (1-\beta) \nabla \ell(x_t)^2$$
 element-wise 
$$x_{t+1} = x_t - \eta \frac{1}{\sqrt{G_{t+1} + \epsilon}} \nabla \ell(x_t)$$

45

#### **ADAM: RMSprop + Momentum**

- RMS prop only considers a second-moment normalized version of the current gradient
- ADAM utilizes a smoothed version of the momentum-augmented gradient
  - Considers both first and second moments

$$\begin{split} m_{t+1} &= \beta_1 m_t - (1 - \beta_1) \, \nabla \ell(x_t) \\ v_{t+1} &= \beta_2 v_t + (1 - \beta_2) (\nabla \ell(x_t))^2 \\ \hat{m}_{t+1} &= \frac{m_{t+1}}{1 - \beta_1^{t+1}} \\ \hat{v}_{t+1} &= \frac{v_{t+1}}{1 - \beta_2^{t+1}} \\ x_{t+1} &= x_t - \frac{\eta}{\sqrt{\hat{v}_{t+1} + \epsilon}} \hat{m}_{t+1} \end{split}$$

#### **ADAM: RMSprop + Momentum**

- RMS prop only considers a second-moment normalized version of the current gradient
- ADAM utilizes a smoothed version of the momentum-augmented gradient
  - Considers both first and second moments

$$m_{t+1} = \beta_1 m_t - (1 - \beta_1) \nabla \ell(x_t)$$

$$v_{t+1} = \beta_2 v_t + (1 - \beta_2) (\nabla \ell(x_t))^2$$

$$\hat{m}_{t+1} = \frac{m_{t+1}}{1 - \beta_1^{t+1}}$$

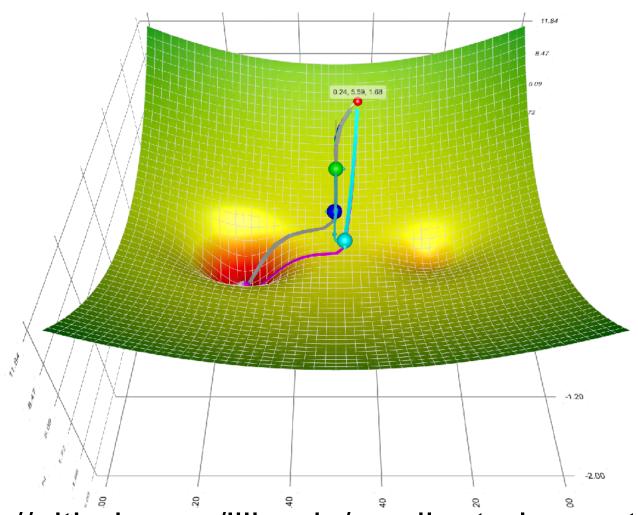
$$\hat{v}_{t+1} = \frac{v_{t+1}}{1 - \beta_2^{t+1}}$$

$$x_{t+1} = x_t - \frac{\eta}{\sqrt{\hat{v}_{t+1} + \epsilon}} \hat{m}_{t+1}$$
Why?

#### Other variants of the same theme

- Many:
  - AdaDelta
  - AdaMax
  - **–** ...
- Generally no explicit learning rate to optimize
  - But come with other hyper parameters to be optimized
  - Typical params:
    - AdaGrad:  $\eta = 0.001$ ,
    - RMSProp:  $\eta = 0.001$ ,  $\beta = 0.9$
    - ADAM:  $\eta = 0.001$ ,  $\beta_1 = 0.9$ ,  $\beta_2 = 0.999$

#### **Visualization**



https://github.com/lilipads/gradient\_descent\_viz

#### **Newton's Method**

Second-order method

• 
$$f(x_t + \Delta x) \approx f(x_t) + \Delta x^T \nabla f|_{x_t} + \frac{1}{2} \Delta x^T \nabla^2 f|_{x_t} \Delta x$$

• Let gradient  $g_t = \nabla f|_{\chi_t}$ , Hessian  $H_t = \nabla^2 f|_{\chi_t}$ 

. Let 
$$\frac{\partial f(x_t + \Delta x)}{\partial \Delta x} = 0$$

$$x_{t+1} = x_t - \eta \cdot H_t^{-1} \cdot g_t$$

updated on stochastic minibatch for large data

#### **Newton's method**

- Faster convergence
- Higher per-iteration cost. O(d^3)
  - also needs memory O(d^2)

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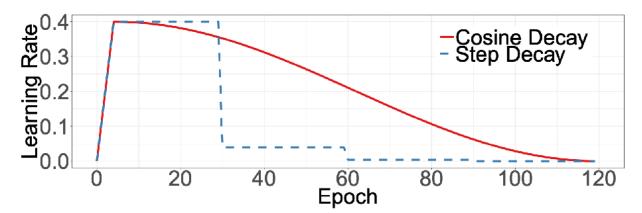
# **Tricks for Training**

### Learning Rate Warmup

- A large learning rate for randomly initialized parameters may cause numerical issue
- The warmup trick uses a small learning rate at beginning and then increases it to the initial value. For example:
  - If we choose the initial learning rate to be 0.1 and use 5 epochs for warmup
  - Start the learning rate with 0, linearly increases it to 0.1 in the first 5 epochs

### **Cosine Decay**

- We need to decrease learning rate for SGD to converge
  - E.g. decreasing by 10x at epoch 30, 60, and
    90
- Assume in total T iterations (batches), the cosine decay computes learning rate at iteration t by  $\eta_t = 1/2(1 + \cos(t\pi/T))\eta$

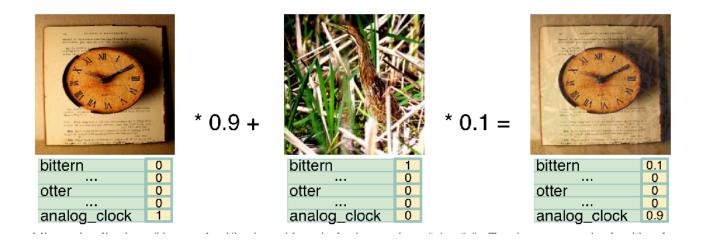


## Mixup Training Example

- Randomly select two examples i and j, sample a random number λ∈ [0,1]
- Compute the mixed new example

$$x = \lambda x_i + (1 - \lambda)x_j \qquad \qquad y = \lambda y_i + (1 - \lambda)y_j$$

Train on mixed examples



### **Label Smoothing**

• Assume  $y \in \mathbb{R}^n$  is the one-hot encoding of label  $y_i = \begin{cases} 1 & \text{if belongs to class } i \\ 0 & \text{otherwise} \end{cases}$ 

- Approximating 0/1 values with softmax is hard
- The smoothed version

$$y_i = \begin{cases} 1 - \epsilon & \text{if belongs to class } i \\ \epsilon/(n-1) & \text{otherwise} \end{cases}$$

– Commonly use  $\epsilon = 0.1$ 

#### Synchronized Batch Normalization

- BatchNorm needs a large batch size for reliable statistics
- Object detection tasks may allow a small batch size due to GPU memory constraints, e.g. 1 image per GPU
- In multi-GPU training, each GPU computes mean/variance separately
- Synchronized BatchNorm computes statistics over all GPUs

### Random Batch Shapes

- Images are resized to same shape in a batch, e.g. 224 width and 224 height
- We can vary this shape:
  - For each batch, choose a random width/height from 224 (7x32), 256 (8x32), 228 (9x32), ...
  - Resize all images into this shape

### **Image Classification**

Refinements	ResNet-50-D		Inception-V3		MobileNet	
	Top-1	Δ	Top-1	Δ	Top-1	Δ
Efficient	77.16		77.50		71.90	
+ cosine decay	77.91	+0.75	78.19	+0.69	72.83	+0.93
+ label smoothing	78.31	+0.4	78.40	+0.21	72.93	+0.1
+ mixup	79.15	+0.84	78.77	+0.37	73.28	+0.35

Hang et.al Bag of Tricks for Image Classification with Convolutional Neural Networks

### Summary

- Gradient descent can be sped up by incremental updates
  - Convergence is guaranteed under most conditions
    - Learning rate must shrink with time for convergence
  - Stochastic gradient descent: update after each observation.
     Can be much faster than batch learning
  - Mini-batch updates: update after batches. Can be more efficient than SGD
- Convergence can be improved using smoothed updates
  - AdaGrad, RMSprop, Adam and more advanced techniques

#### **Next Up**

Detecting objects in images